

BELBIN - Jump Start

Maximise your potential



We are proud to be accredited BELBIN team roles providers. Targeting young people entering their next stage in life, this program encourages individuals to push themselves physically and emotionally through engagement and adventure - in turn, building self awareness and confidence. Whether it be job/apprenticeship applications, writing personal statements or simply improving general wellbeing, BELBIN Jump Start will set them up for success.

PHASES	1	QUESTIONNAIRE	Students and their observers complete an online questionnaire
	2	REPORT FROM RESULTS	A report is created from the results of the questionnaire, outlining students strengths
	3	WORKBOOK	Workbooks are utilised to reflect on reports, and to plan future goals.
	4	TOOLS & STRATEGIES	Through problem solving initiatives, learnings are put into practice
	5	PHYSICAL TOOLBOX	A toolbox of learnings and reflections is created, including action plans for the future.

KEY OUTCOMES

- **Increased Self Confidence** in presenting their best self in interviews, in their CV's and at work
- **Improved Self Awareness**
- **Greater Accountability** for one's own learning and performance
- **Well informed "next step"** study and career decisions
- **Better team players** - vital in the 21st century workplace

